

## Three characteristics to let you know whether you are a "monster parent"?



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Although parenting is a natural duty, it is not "inborn to take duty". Previously, I discussed with senior government officials the current difficulties of parents and how to effectively promote parent education. During the discussion, we all felt that parent education should be strengthened because parents are becoming more and more "monsterized", resulting in high pressure on parents and heavy burden on children.

If parents want to determine whether they are "monster parents", they can assess in three aspects.

- First, are you always worried about your child losing at the starting line, so you ask your child to learn more and practice more?
- Second, do you often worry about your children doing wrong, afraid that they face failure, so give children a variety of protection?
- Third, do you often feel stressed by your children's studies and daily life, worrying that your children will not do well in everything, so you are emotionally disturbed?



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One of the problems with "monster parents" is that they focus too much on their children's performance, especially in terms of academics and grades. In fact, there are more important things we should be concerned about, and that is the parent-child relationship. Parents and children are meant to have a mutual emotional relationship, not a ministry relationship. In the family, we talk more about love and affection rather than dictations, tests, and exams. Having a good parent-child relationship is the cornerstone of healthy growth for our children.