

## **Wear sandals to chase away the summer heat. How to choose the right sandals for children?**



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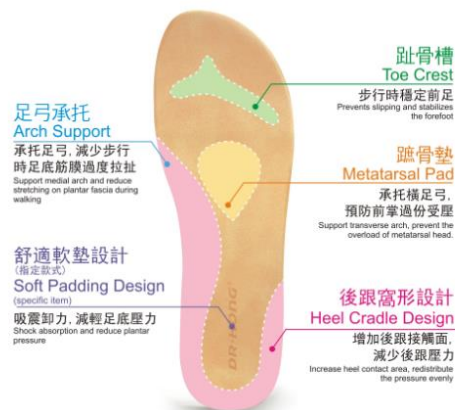
In summer, many people wear sandals because they can keep their feet cool and keep the sweltering heat away. Although sandals have become a popular summer gift for mothers and children, parents should be aware of what they need to consider when choosing sandals. Just remember the following tips for choosing sandals, and you'll be able to wear them comfortably and healthily!



### **Full joint sandals Evenly distribute the pressure under the foot**

Since the feet of young children are still in the development stage, special care is needed when choosing sandals. For children under 4 years old, their heels are not yet developed, so it is recommended to wear sandals suitable for toddlers with a special mid-calf design and a harder heel cup, which can stabilize the hind feet and effectively protect the heels.

In addition, parents can choose a pair of "full joint sandals" for their children because it adopts "pressure dispersion technology", which can evenly disperse the pressure on the bottom of the foot, making it extra comfortable for children to wear. The special "toe groove" design enables children to walk with a stable forefoot, and the mild "arch support" can effectively support the arch and prevent fatigue caused by excessive pressure on the arch. The "heel nest design" can increase the heel contact surface, so that the heel position of the shoe is close to the feet, evenly dispersing the pressure on the bottom of the foot, effectively alleviating the sequelae of flat feet, so that children can naturally wear comfortable and healthy!



### The "toe groove" design reduces the formation of calluses

In addition to children, parents should also pay more attention when choosing sandals. As women wear sandals, their feet tend to rush forward, and as a result, calluses tend to form on the forefoot as a result of prolonged friction and pressure. Women's "full jointed sandals" are specially designed with "toe grooves" to stabilize the forefoot when walking and reduce the chance of the foot charging forward.

In addition, the metatarsal pad supports the horizontal arch, which increases the forefoot contact surface, prevents excessive pressure on the forefoot and reduces the formation of calluses. It is also equipped with "mild arch support" to reduce excessive stretching of the plantar fascia during walking and reduce foot fatigue. Combined with the "heel nest" and "comfortable cushion design", it helps to evenly distribute the pressure on the bottom of the foot, not only can absorb shock and unload force, but also effectively relieve plantar fatigue, forefoot pain and heel pain and other problems.